


Best Box Lunches Nutrition Facts 2024

	Serving Size	Calories	Total Fat(g)	%DailyValue**	Saturated Fat	%DailyValue**	Trans Fat(g)	Cholesterol(mg)	%DailyValue**	Sodium(mg)	%DailyValue**	Carbohydrates(g)	%DailyValue**	Dietary Fiber(g)	%DailyValue**	Sugars(g)	Protein(g)
Homemade Chicken Salad	1/2 Sandwich	350	23	36	8	40	0	55	19	410	17	18	6	1	3	2	17
Sugar-Smoked Ham & Swiss	1/2 Sandwich	180	8	12	3.5	18	0	45	14	790	33	12	4	2	8	2	17
Hickory Turkey & Gouda	1/2 Sandwich	270	14	21	9	44	0	65	22	780	32	19	6	1	4	4	17
Quarter Pound Beef & Swiss	1/2 Sandwich	170	7	10	3	15	0	25	8	740	31	24	8	1	4	3	20
Best Box Combo	1/2 Sandwich	220	10	15	5	26	0	55	18	1000	42	24	8	1	4	4	21
The Vegetarian	1/2 Sandwich	230	13	19	7	36	0	35	12	360	15	14	5	2	10	2	15
Country Colby Wrap	1/2 Wrap	220	10	16	5	27	0	30	10	940	39	28	9	1	5	4	16
Best Chef Salad w/o dressing	1	220	10	16	4.5	25	0	55	18	870	36	16	5	3	10	5	20
Creamy Cole Slaw	1/2 c.	170	14	18	2	10	0	10	3	170	7	16	6	2	7	13	1
Homestyle Potato Salad	1/2 c.	160	7	10	1	6	0	10	3	450	19	23	8	2	6	8	2
Fudge Brownie	1 slice	250	14	21	5	27	0	45	15	90	4	31	10	1	6	23	3
Chocolate Chip Pecan Wedge	1 slice	275	17	22	5	27	0	17	6	180	8	30	11	2	7	17	3
Luscious Lemon Bar	1 slice	175	8	10	4	20	0	70	23	70	3	24	8	1	2	16	3
Ranch Dressing	2 Tbsp	150	16	21	2.5	13	0	5	2	270	12	2	1	0	0	1	0
Italian Dressing	2 Tbsp	110	11	14	2	10	0	0	0	280	12	3	1	0	0	2	0
Wrap Dippin Sauce	1.5 oz	220	25	38	3.5	17	0	10	4	360	15	2	1	0	0	0	2
Beef Sauce	2 oz	270	30	46	5	25	0	10	3	440	18	6	0	0	0	0	2

**Percent Daily Values (DV) are based on a 2,000 calorie diet.